

## Rugby Ball Tag

### How to play this game:

Mark out a playing area using cones, chalk or existing playground markings. One third of a netball court is ideal. One child holds a rugby ball. The other children run around the area. The child who is 'on' chases after the children trying to touch them with the rugby ball. If he/she does touch another child with the ball, then the rugby ball is given to the child who was touched and they are now 'on'.

The game continues. To encourage the correct technique, the children should hold the ball in both hands and try to touch another child with the pointed end of the ball.

The child who is 'on' is not allowed to throw the ball. He/she must have hold of the ball when they tag another child.

### Adaptations

This is an excellent drill to teach children how to hold a rugby ball and can be used as a fun warm-up for the start of any rugby lesson.

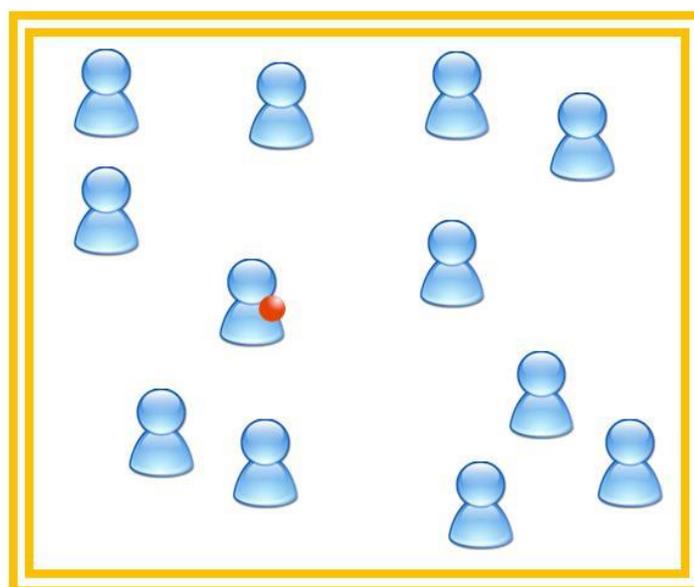
Replace the rugby ball with a hula hoop for 'hula hoop tag'. In this version the player who is 'on' carries a hula hoop and tries to catch a player with the hoop. Throwing of the hoop is not allowed.

Increase the size of the area or change the method of travel for children playing the game.

Introduce a second tagger without a ball. The tagging team can pass the ball to each other but other players can only be tagged by the ball carrier.

Set this up as a team game with half the children wearing bibs or sashes. Give both teams one ball. The task for each team is to try to pass the ball and tag opponents who, once tagged will leave the game. The team that wins will be the one with the last remaining player(s).

Increase the amount of ball carrying taggers that are on.



### Learning Objectives

- Rugby handling skills
- Co-ordination
- Can be used as a fun warm-up or cool-down

### Resources

- Activity area
- Rugby ball